# Substance Use Recovery Resource List- Updated Weekly

Compiled by: Ellenville Regional Hospital, Rural Health Network

To confirm bed availability, please reach out directly to the agency. Bed availability may frequently change

\*Last updated on 1/7/2022

## **Red = New/Updated Information**

## Acadia HealthCare

Largest Behavioral Network in the US. and Puerto Rico

Each of Acadia Healthcare's facilities aim to treat patients in a Holistic way. In addition to tailored treatment plans, each treatment center has unique amenities for our patients that help aid in recovery, from spa-like environments to equestrian therapies and so much more. We have joint partnerships with the Jason Foundation that focuses on mental health and suicide prevention. We also have a large VA initiative with campuses that work specific to this population. The reach is expansive, but the care is intimate and tailored to the person seeking help. My job is to take each person from the moment they seek help and tailor an experience based on the individual's needs and desires. I stay with each client and family from beginning to end. No call centers, dealing with numerous people, repeating the same info and being denied or waiting for hours on end. No surprises with additional costs or out of pocket expenses. Your care comes first.

**Our Core Therapies:** (MI) Motivational Interviewing, (CBT) Cognitive Behavioral Therapy, (REBT) Rational Emotive Behavior Therapy, (DBT) Dialectical Behavior Therapy, (EMDR) Eye Movement Desensitization & Reprocessing, Trauma Therapy, etc. depending on location and needs.

**Medication-Assisted Treatment (MAT):** Medications offered at our programs include buprenorphine, Suboxone, Vivitrol, Methadone and Sublocade.

**Expressive and Holistic Therapies:** Yoga, Meditation, Fitness, Art, Music, Spiritual programs, reiki, aromatherapy, reflexology, equestrian therapy, animal therapy etc.

**Recovery Groups:** Our clients have the opportunity to participate in recovery groups while in treatment. Groups such as Narcotics Anonymous and Alcoholics Anonymous that follow the 12-step philosophy are extremely helpful for many people both new to recovery and those who have been in recovery for years. Alternatives to 12-step groups are also offered.

Sober Escorts: We have been providing reliable transportation to treatment for over 30 years.

## FACILITIES:

Acadia has over 100 facilities ranging from adolescent care, eating disorders, mental health, adult care, addiction and dual-diagnosed facilities.

Some of our most popular sites for New York and the surrounding areas are: Pocono Mountain Recovery: Adults: detox and rehab – Henryville, PA Pocono Mountain Recovery: PHP program for adults (*hands down one of the best out there*) Huntington Creek for Adults: Detox and Rehab – Henryville, PA Huntington Creek Adolescent Male only: Residential – Henryville, PA The Village for Adolescents: Residential East Tn (hands down one of the most sought-after Adolescent Programs in the US) Can also see Tricare. The Refuge: FL The Wellness Center: FL 12 Oaks: FL Wilmington Treatment Center: NC (just voted one of the top places to go) accepts Medicare, Tricare, etc.

Drive-In Clients- We are able to offer free transport to treatment at locations within driving range. We pick up and take back home at no charge. Air Travelers- For clients that want to FLY to treatment, we help arrange this with each client.

# Contact – Bob for referrals and assistance - 3154971412 and email is rf.acadiascreening@gmail.com

#### American Addiction Centers

#### Multiple sites nationwide

At American Addiction Centers we aim to treat the whole person, which means addressing cooccurring mental illness, physical wellness, and social issues with addiction treatment. In addition to tailored treatment plans, each treatment center has unique amenities for our patients that help aid in recovery, from spa-like environments to equestrian therapies and so much more.

**Our Core Therapies:** (MI) Motivational Interviewing, (CBT) Cognitive Behavioral Therapy, (REBT) Rational Emotive Behavior Therapy, (DBT) Dialectical Behavior Therapy, (EMDR) Eye Movement Desensitization & Reprocessing

**Seeking Safety:** Developed by Lisa M. Najavits, PhD, this therapeutic approach is appropriate for the patient who has experienced trauma, such as past sexual, emotional, or physical abuse. This program helps patients learn to cope in healthy ways that don't involve substance use. Patients taking part in the Seeking Safety curriculum can count on their privacy being protected (for example group times and locations are kept confidential), as they work through very difficult and traumatic events.

**Medication-Assisted Treatment (MAT):** Medications offered at our programs include buprenorphine, Suboxone, Vivitrol, and Sublocade.

**Pharmacogenetic Testing:** When it comes to administering any medications, we are committed to providing the very best treatment for you as an individual. AAC is a strong proponent of the field known as Pharmacogenetics, which uses the knowledge of an individual's genetic makeup to inform what medications will be most effective for them in treatment. AAC's Addiction Labs

of America process genetic tests within 24-hours, and integrate the knowledge into individual treatment plans.

**Expressive and Holistic Therapies:** Yoga, Meditation, Pilates, Tai Chi, Fitness, Art, Music or Spiritual Reflection.

**Recovery Groups:** Our clients have the opportunity to participate in recovery groups while in treatment. Groups such as Narcotics Anonymous and Alcoholics Anonymous that follow the 12-step philosophy are extremely helpful for many people both new to recovery and those who have been in recovery for years.

Alternatives to 12-step groups, such as SMART Recovery, are also offered at AAC programs, for those who are uncomfortable with the 12-step model or the concept of a "higher power".

**Sober Escorts:** AAC utilizes the help of retired US Navy Seals to escort our patients safely door-to-door to our facilities when needed. I have used them over a dozen times and they are nothing short of amazing.

## **FACILITIES:**

Greenhouse-Dallas, TX: www.greenhousetreatment.com

River Oaks-Tampa, FL: www.riveroakstreatment.com

Oxford-Etta, MS: www.oxfordtreatment.com

Sunrise House-Lafayette Twp, NJ- www.sunrisehouse.com

Adcare Rhode Island-North Kingstown, NJ: www.adcare.com/locations/rhode-island/

Recovery First-Ft. Lauderdale, FL: www.recoveryfirst.org

Desert Hope-Las Vegas, NV: www.deserthopetreatment.com

Laguna Treatment Hospital-Orange County, CA: www.lagunatreatment.com

**Drive-In Clients-** We are able to offer sober escorts to clients driving to treatment (up to 14 hours) for \$150 flat.

**Air Travelers-** For clients that want to FLY to treatment, we can offer the sober escort for \$150 plus the client's travel cost.

Contact - Jay - 1-585-507-5485

<u>Arms Acres</u> *Carmel, NY* Admissions/Intake: 1-888-227-4641 Continues to offer transportation As of 1/7/2022 – Provides inpatient medically supervised detoxification and inpatient short-term rehabilitation. Bed availability can change during the course of each day, so please call Intake for a screening and inquire about availability.

OTP, Same day access for suboxone and methadone open

## Bon Secours - New Directions (Hospital Based)

*Port Jervis, NY* As of 1/7/2022 – Please call for bed availability, it changes daily. For detox admission - Go directly through ER For rehab – Contact Regina to do screening 845-368-5242

## Catholic Charities Community Services of Orange, Sullivan and Ulster (CCCSOSU)

As of 1/7/2022 – Catholic Charities of Orange, Sullivan and Ulster is accepting new referrals and continues to provide services. Bed availability for crisis at this time but call to see if there are changes. **Call for bed availability.** 

#### **Sullivan County**

Crisis Services Unit located 17 Hamilton Ave. Monticello, NY is providing detox services. 845-794-8080 ext. 2200 call first for bed availability.

Day Rehabilitation and Outpatient located at 396 Broadway Monticello, NY providing services via telephone and telepractice including MATS open 9-5 Monday through Friday. 845-794-8080 ext. 2100. Now offering group therapy via telepractice.

## **Orange County Clinics**

Goshen - 294-5888, x1125 or 1100

Port Jervis - 856-6344, x1425 or 1400

Walden - 778-5628, x1225 or 1200

Newburgh - 562-8255, x1625 or 1600

Monroe - 782-0295, x1525 or 1500

Middletown – 343-7675, x1325 or 1300

**Community Outreach Teams in Sullivan and Ulster (COTI)** providing counseling, MATS, Peer Services and Narcan Training via telepractice and telephone services. 24 hours on call number 845-467-0861 or call directly Sullivan County 845-794-8080 ext. 2100, Ulster County 845-754-4944 or 845-395-8129 or the afterhours on call.

#### **Conifer Park**

*Glenville, NY* Admissions/Intake: 1-800-989-6446 As of 1/7/2022 – Provides inpatient medically supervised detoxification and inpatient short term rehabilitation. Bed availability can change during the course of each day, so please call Intake for a screening and inquire about availability

## **Cornerstone**

*Rhinebeck, NY* Admissions/Intake: 845-266-3481/Lori – 845-214-7358 As of 1/7/2022 – Available beds can change anytime, please call for detox and rehab bed availability.

## Four Winds (Hospital Based)

Saratoga, NY Admissions/Intake: 518-584-3600 As of 1/7/2022 – Admitting for inpatient psych, please call for availability, can change at any time, Outpatient services offered telephonically and video *Westchester, NY* Admissions/Intake: 914-763-8151 As of 1/7/2022 – Admitting for inpatient psych, please call for availability, can change at any time

## Good Samaritan (Hospital Based)

Suffern, NY As of 1/7/2022 – Please call for bed availability, can change at any time For detox admission - Go directly through ER For rehab – Contact Regina to do screening 845-368-5242

# Health Alliance of HV (Bridge Back)

*Kingston, NY* Admissions/Intake: 845-943-6091 As of 1/7/2022 – Still admitting new patients for outpatient. One on One sessions are in person but groups are still virtual.

# Health Alliance of HV (First Step)

*Kingston, NY* As of 1/7/2022– Permanently closed.

# Health Alliance of HV (OTP – Methadone Clinic)

*Kingston, NY* Admissions/Intake: 845-943-6022 As of 1/7/2022– OTP is admitting priority patients, such as pregnant women and those with HIV. Others are placed on a waiting list. Screenings are completed via telephone.

# Health Alliance of HV Adult and Adolescent Partial Hospitalization Programs (PHP)

*Mary's Avenue Campus Kingston, NY* Admissions/Intake: 845-334-3120 x 2 As of 1/7/2022 – All services are being offered in person i.e. admission assessments, group therapy, individual therapy, medication management, and family therapy. The full program day for Adult PHP is M-F 9:30am-2:30pm. The full program day for Adolescent PHP is M-F 8:00am-2:00pm.

## **Hudson Valley Community Services**

144 Pine St. Ste. 230 Kingston, NY 12401 Phone Office: <u>845-360-9749</u> Website: <u>Hudson Valley Community Services (HVCS)</u>

## Services

Outreach services (UCOP, SEP) providing services for people who use drugs including delivery of Narcan and harm reduction supplies, linkages to care, transportation provided to treatment.

## **Additional Information**

Case management services

HIV/HCV/STI testing services

Food pantry at every office available to all HVCS clients during business hours

Monday thru Friday 9:00am to 5:00pm

**Ulster County Outreach Program (UCOP)** – Overdose prevention outreach within Ulster County. Narcan training and same day delivery available county wide; Linkages to care, including inpatient and outpatient services for Substance Use Disorder and MOUD; Transportation provided to treatment. Phone: 914-610-5324 or 845-360-9749

For special arrangements or more information on SEP services, call: 845-476-2190

Click here to see the Syringe Exchange Program schedule

## Syringe Exchange Program Locations:

- · Kingston: Elmendorf Street between Broadway & Tremper
- Monticello: 9 Monticello Street, The Federation for the Homeless Parking lot
- Poughkeepsie: Municipal Lot at Mill between N. Hamilton & Catherine (The Chance Parking lot)
- Newburgh: 280 Broadway Parking Lot
- Spring Valley: 72 W Route 59 (HVCS Office)

## MARC Crisis Center

#### Poughkeepsie, NY

Admissions/Intake: 845-471-0310

As of 1/7/2022 – Admitting for crisis services, please call for bed availability. Patients will need a negative Covid test prior to admitting. Individuals that are fully vaccinated should bring proof of vaccination.

## New Hope Manor

Poughkeepsie, NY
Admissions/Intake: (845) 452-2870
Women, Pregnant Women, Women with Young Children
As of 1/7/2022 – Call for current openings at Community Residence located at 141 South
Avenue in Poughkeepsie, NY. Please call because this can change.

#### **ORACLE - Opioid Response As County Law Enforcement**

Serving all of Ulster County Hotline: 1-888-996-0940 Crisis Intervention/Crisis call: 911 calls Email: oracle@co.ulster.ny.us Team Contacts: Julianah Abimbola Ogundimu – UC-OUDS – 845-891-3497 Jess Merck – Peer Specialist – 845-891-3492 Kevin Lundell - Care Coordinator - 845-380-4503 Services Offered: Referral into treatment programs e.g., Detox/Rehab etc. Follow-up on all referrals for treatment Advocate for services for individuals with SUD & Mental Health issues Peer specialist services Narcan Training within the community Community engagement / Collaborations in and out of Ulster County Take referrals from other stakeholders within Ulster County for treatment services

#### **Phelps Memorial Hospital**

As of 1/7/2022 – New referral packet available upon request. Please call for bed availability but can be put on waitlist. They do not take any MVP plans or CDPHP insurance.

Phelps Behavioral Health Counseling is practicing telehealth 914-366-3600 Phelps Day treatment is practicing telehealth 914-923-5700

## **RC Ward Addiction Treatment Center**

*Middletown, NY* Admissions/Intake: 845-341-2511 As of 1/7/2022 – Please call for availability because this can always change throughout the day

#### **Resource Recovery Center of Orange County**

Middletown, NY Admissions/Intake: 845-209-3500 Will provide transportation Monday-Friday As of 1/7/2022 –Admitting for detox and rehab RRCOOC now offers Covid testing on-site for admission.

#### Samadhi

*Kingston, NY* Organization Phone Number: 1-917-783 9352 Peer Hotline Phone Number: 1-855-726-2344 or 1-855-SAMADHI

As of 1/7/2022 – Offering face-to-face counseling, Monday-Saturday, 11am to 9pm. Recovery based meditation groups and Refuge Recovery meetings both live and on zoom every day. Mediation held at 11 am and 8:30 pm. Refuge Recovery meetings held at 12:30pm and 7pm.

Also offering Narcan trainings!

#### Samaritan Daytop Village

*Ellenville, NY. Rhinebeck, NY* Admissions/Intake - 718-657-6195, 845-647-6575 As of 1/7/2022 – Admitting to both Ellenville campuses and Rhinebeck campus

## Step One

*Ellenville, NY* - 845-647-5400 *Highland, NY* - 845-691-9191 *Kingston, NY* - 845-834-7300

As of 1/7/2022 – Step One Highland, Kingston and Ellenville are still open, providing remote Telepractice within our same schedule as always. Our physical sites are open for scheduled injectable medication, some in-person Individual sessions based on client need and request, In-Person Urine screen testing for clients attending Individual sessions, In-person assessments when the person prefers that, other than that we continue remote intake, assessment, individual, group, psychiatry and medication management treatment. The intake process continues the same as when we are physically present, with full phone access 8:30am-9pm Monday-Thursday; 8:30am-4pm Fridays. Treatment available 7 days per week in Highland and Mon-Sat in Ellenville.

Kingston site now open at 500 Aaron Court!

## St. Christopher's Inn

*Garrison, NY* Admissions/Intake: 845-335-1020 As of 1/7/2022 – Taking referrals and doing screenings Monday-Friday

## St. John's Riverside Hospital

2 Park Ave Yonkers, NY 10703 Admissions/Intake: 914-964-7537 or 1-877-944-CARE (2273) As of 1/7/2022 Medically managed Detoxification and Inpatient Rehab with Individualized Care Plan to manage withdrawal. Treatment for C0-Occurring Disorders Please call for bed availability

## Turning Point at Mid-Hudson Regional

*Poughkeepsie, NY* Admissions/Intake: 845-483-5511 As of 1/7/2022 – Please call for bed availability as it can change at any time. As of 1/7/2022 – Outpatient is practicing telehealth

## The Ulster Mental Health and Substance Use Urgent Care

368 Broadway, Suite 205, Kingston

In person 10:00 a.m. - 6:00 p.m., Monday through Friday or 888-750-2266, option 2, 24/7

**The Registered Nurse/Care Manager** for substance use treatment is also available by calling the Urgent Care or the Ulster County Mobile Mental Health Team at 844-277-4820.

#### Villa Veritas

*Kerhonkson, NY* Admissions/Intake: 845-626-3555 Private insurance only Yes, transportation to facility As of 1/7/2022 – Taking inpatient admissions, COVID-19 screen and Negative test required prior to admission. Regardless of vaccination status, Negative COVID test required prior to admission. Individuals that are vaccinated should bring proof of vaccination.

This list may not represent all services available in the region. If you have any questions about this list, Please contact Tonya Stokes SUD Program Coordinator and Family Advocate, Ellenville Regional Hospital at: tstokes@erhny.org